INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES



An Internationally Indexed Peer Reviewed & Refereed Journal

Impact Factor*: 3.7401 Ref:IRJMSH/2016/A108453

DOI: HTTPS://DOI.ORG/10.32804/IRJMSH ISSN 2277 – 9809 (0) 2348 - 9359 (P)

THIS CERTIFIES THAT

JITENDER PAL

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

RELATIONSHIP OF YOGIC EXERCISES WITH REDUCING BODY WEIGHT ('OBESITY') AND BMI LEVEL

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN Vol – 7 , Issue – 2 Feb , 2016



www.IRJMSH.com



















Editor in Chief